DECEMBER 2025

ciheb KENYA

EMPOWERING COMMUNITIES, ENRICHING LIVES

INSIDE THIS ISSUE

- How Ciheb-Kenya touched the lives of over 700 vulnerable children
- Offering Care, Comfort, and Hope to Mothers and Newborns in Neonatal Intensive Care Units (NICU)
- Restoring dignity and hope to Adolescents Living with HIV

Going the Extra Mile to Make a Difference

This festive season, our Corporate Social Responsibility initiatives saw CIHEB-Kenya reach communities across six counties—touching lives, strengthening partnerships, and reaffirming our commitment to giving back to the communities we serve, where it matters most

Extending hope to Mothers & Newborns

Inside the Neonatal Intensive Care Units at Mbagathi and Mama Lucy Kibaki Hospitals, small acts of care made a big difference for mothers and their newborns at a critical time.

Restoring hope & dignity to vulnerable children in Children's Homes

From shared meals to essential support, our visits to children's homes across 6 counties were moments of connection, dignity and renewed hope.
The visits were about care, connection and reminding children that they are seen and valued.
As we look back on this journey, we're grateful for everyone who made it possible. We remain committed to doing even more together in the days ahead. Merry christmas!

FROM CIHEB-KENYA FAMILY

IT'S A SEASON OF SHARING, CARING AND GIVING BACK TO THE COMMUNITY

This festive season, CIHEB-Kenya reaffirmed its commitment to giving back to the communities we serve through our Corporate Social Responsibility (CSR) initiatives.

What began as a collective call to action quickly became a powerful reminder of what is possible when compassion, teamwork and purpose come together.

Across counties and communities, we did more than donate - we connected, listened, shared meals and stood in solidarity with those who needed it most.

These interactions reinforced the importance of dignity, empathy and presence in the communities we serve.

This bulletin captures the impact, reflections and the people behind this journey.

OUR REACH & IMPACT AT A GLANCE

Between 28 November and 17 December, CIHEB-Kenya touched lives, we went beyond our core mandate:

731 primary beneficiaries

- 621 children in institutional care
- 50 Adolescents Living with HIV
- 60 mothers and newborn pairs in Neonatal Intensive Care Units

Counties Reached

Nairobi County

- Mbagathi & Mama Lucy Kibaki Hospitals – NICU support
- 60 mothers and newborns

Makueni County

- Makindu Children's Centre
- 350 children

Kitui County

- AIC Mulango Children's Home
- 175 children

Migori County

- Good Samaritan Children's Home
- 64 children

Machakos County

- Adasa Children's Home
- 32 children

Kisumu County

- Educational support for Adolescents Living with HIV (ALWHIV)
- 50 children

We extend our heartfelt thanks to CIHEB-Kenya staff who contributed and volunteered, our friends and colleagues, partners and supporters and the vendors who stood with us. Your generosity turned intention into meaningful impact.

CARING FOR MOTHERS AND NEWBORNS

VISITS TO NEONATAL INTENSIVE CARE UNITS – NAIROBI

In Nairobi county,CIHEB-Kenya's team visited the Neonatal Intensive Care Units (NICU) at Mbagathi and Mama Lucy Kibaki Hospitals, where we connected with 60 mothers and newborn pairs receiving critical care. In these units, every small sign of progress feels like a huge victory. Being there, hearing their stories and sharing in their moments reminded us just how much courage and resilience these mothers carry every day.

Small gestures, big impact:

Through donated neonatal supplies—including diapers, wipes, baby formula, maternity pads, and essential toiletries—we offered support at a time when mothers are navigating physical exhaustion and emotional uncertainty. Beyond the items, we spent time sitting with the mothers, listening to their stories, sharing conversations, and offering reassurance. During our interactions, they were gently reminded that they had not failed, that their babies' journey was not a setback, and that they should never give up.

One of our staff, **Annette Olela,** shared her personal journey, which deeply resonated with many of the mothers. She spoke about giving birth around 25 weeks into her pregnancy, a challenging experience that tested her strength and resilience. Her story of overcoming those difficulties and remaining strong offered encouragement and hope, reminding the mothers that even in the toughest moments, it is possible to keep going and find strength within themselves.

Reminding mothers to never give up

They were reminded to hold onto hope and that celebrating Christmas in a hospital shouldn't make them lose hope in life. Hearing Annette's story, about the challenges she endured throughout her pregnancy and how she overcame them, reassured them that all was not lost.

SPREADING SMILES, ONE HOME AT A TIME

GIVING HOPE AND SUPPORT TO CHILDREN'S HOMES

This December, Ciheb-Kenya embarked on a journey of compassion and community care through its Corporate Social Responsibility (CSR) initiative, reaching children and mothers across five counties. The goal was simple yet profound—to restore dignity, bring comfort, and share hope.

Kitui County – AIC Mulango Children's Home (28th Nov)

Our first stop was AIC Mulango Children's Home, home to 175 children. The team brought along bedsheets, blankets, a - alongside clothes, shoes, food items like maize flour, rice, beans, sugar and toiletries. Stationery, school bags, books, and toys added a spark of joy. For many of these children, these essentials meant more than physical comfort; they were a reminder that they are cared for and valued.

Kisumu County – Educational Support for Adolescents Living with HIV (4th Dec)

In Kisumu, we reached 50 adolescents living with HIV, providing hygiene kits, sanitary towels, undergarments, motivational books, light snacks, and clothing. These items were chosen to boost confidence and support their education journey. The smiles and renewed sense of belonging spoke volumes about the impact of this gesture.

Machakos County – Adasa Children's Home (11th Dec)

In Machakos, 32 children at Adasa Children's Home received similar support—bedding, clothing, food, and school supplies.

A highlight of the day was the donation of a 10,000-liter water tank, a game-changer for the home's daily water needs.

...SPREADING SMILES, ONE HOME AT A TIME

GIVING HOPE AND SUPPORT TO CHILDREN'S HOMES

It was a truly memorable moment as the Ciheb-Kenya team and the children came together to cook and share a meal, turning the visit into a celebration of community and togetherness.

This CSR effort was made possible through the generosity of Ciheb-Kenya staff, partners and friends. Together, we proved that small acts of kindness can create lasting change.

Makueni County – Makindu Children's Center (5th Dec)

In Makueni, we visited Makindu Children's Center, which cares for 350 children. Here, we delivered bedding, clothing, food supplies, toiletries, and school materials. The atmosphere was vibrant as children explored new storybooks and toys. Caregivers shared how these donations ease their burden and help create a nurturing environment for the children.

Migori County – Good Samaritan Children's Home (10th Dec)

At Good Samaritan Children's Home in Migori, 64 children welcomed us warmly. We delivered bedding, clothes, food supplies, toiletries, and toys. The laughter during playtime reminded us why giving back matters. Caregivers expressed deep appreciation, noting that these contributions bring hope and stability to the children's lives.

The Impact

In total, 621 children in institutional care and 60 mothers with newborns benefited from this initiative. Beyond the numbers, the real impact was seen in the renewed hope, comfort, and dignity these visits brought. Each smile, each word of thanks, reaffirmed Ciheb-Kenya's belief that compassion complements our health mandate.

OPENING DOORS FOR DREAMS

EDUCATION SUPPORT FOR ADOLESCENTS AS THEY TRANSITION TO SENIOR SECONDARY - KISUMU

On December 4, 2025, Ciheb-Kenya team visited Nyakach, Kisumu county with one mission - to remind adolescents living with HIV that they matter, and their dreams are valid. We spent the day with 50 incredible young people, each with a story of resilience and hope.

Small gestures, big impact:

For many of them, going to school is not just about learning; it's about belonging. Yet, the cost of basics like uniforms and books often stands in the way.

We wanted to change that. So we brought school uniforms, stationery, and clothing, along with hygiene kits, sanitary towels, undergarments, motivational books, and light snacks. These were more than supplies—they were a message: You belong. Your dreams matter.

The day was full of laughter and connection. New uniforms were tried on with pride, books were opened with curiosity, and conversations flowed about hopes for the future. One young person said softly, "Now I can go to school without feeling different." That simple statement captured the heart of why we do this.

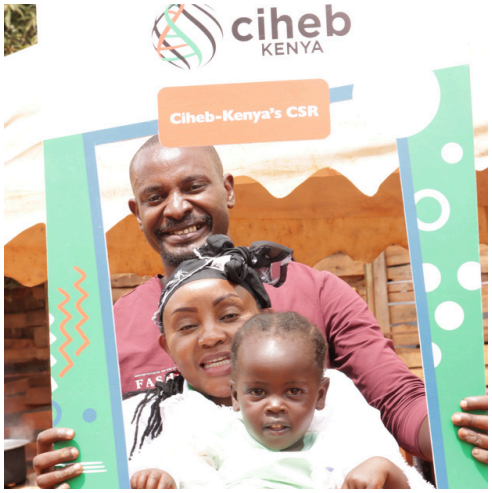
Living with HIV can feel isolating, but this visit was about breaking that isolation—about saying, "You are not alone."

Building Confidence

This was not just a donation—it was a moment of affirmation. A moment that told these adolescents, "You are seen. You are valued. And you are not alone."

At Ciheb-Kenya, we believe that education is a bridge to opportunity, and every child deserves the chance to cross it with confidence. Together—with our staff, partners, and friends—we will keep building those bridges, one act of kindness at a time.

Pictorial - Highlights



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